

GBITF Junior & Senior Championships Sunday 19th JUNE 2005.

Parklands Leisure Center, Oadby, Leicester.

Weigh in & Height Test for Juniors Competitors 09.30am.

Weigh in for Senior Competitors 1.00pm

Patterns Coloured belts in Yellow / Green / Blue / Red Belts division.				
Juniors Male	1st Degree	2nd Degree	3rd Degree	
Juniors Female	1st Degree	2nd Degree	3rd Degree	
Seniors Male	1st Degree	2nd Degree	3rd Degree	4th Degree
Senior Female	1st Degree	2nd Degree	3rd Degree	4th Degree

Sparring (coloured belts may be 3 - 5 weight divisions)					
Junior Male	-52kgs	-58kgs	-63kgs	-70kgs	+70kgs
Junior Female	-42kgs	-48kgs	-53kgs	-60kgs	+60kgs
Seniors Male	-54	-63	-71	-80	+80
Senior Female	-52	-58	-63	-70	+70

Power (Boards)	13 yrs+	JUNIOR MALE	JUNIOR FEMALE	SENIOR MALE	SENIOR FEMALE
FRONT FOREFIST		1		2	
KNIFEHAND STRIKE		1	1	2	1
SIDE KICK		2	1	3	2
TURNING KICK		2	1	2	2
REVERSE TURNING KICK		2		2	

Special Technique (Height cms)	JUNIOR MALE	JUNIOR FEMALE	SENIOR MALE	SENIOR FEMALE
JUMPING HIGH KICK	240	200	250	210
JUMPING TURNING KICK	210	200	220	210
360 BACK KICK	200		210	
JUMPING REVERSE TURNING KICK	200		210	
FLYING SIDE KICK	250	160	290	170

Under 13 yrs Sparring divisions will be by height divisions.

Entry forms with payment to be returned to GBITF

Chques made payable to UKGT

Received by latest post 8th June 2005. Any late arrivals after, £10.00 Surcharge.

UKGT

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